

Food Explorers Mini Food Grant Application

Hello teacher!

Thank you for your interest in bringing food into your classroom with a Mini Food Grant (“Grant”) to enhance your students’ experience with the Food Explorers program. The purpose of the Grant is to increase accessibility to purchase food to facilitate the Food Explorers program with your students.

The goal of the Food Explorers program is to explore a variety of foods safely and positively. Research has shown that the more foods an individual is familiar with, the more varied their diet will be, and ultimately they will have more positive health outcomes. Naturally, therefore, one component of the Food Explorers program is the opportunity to prepare and taste different foods.

Each Grant has a value of \$150.00. You may receive a maximum of one Grant per school year. To qualify and apply for the Mini Food Grant, please complete the application form below.

PLEASE NOTE:

- *This Grant is intended for educational purposes only and is designed to permit you to provide your class with food samples only.*
- *The Grant is intended for the Food Explorers program, which is available only for kindergarten and grade 1. If you teach other grades, visit [TeachNutrition.ca](https://teachnutrition.ca) for information on programs available to you, or contact us at AlbertaNutrition@dfc-plc.ca to see how we can meet your nutrition education needs.*
- *Owing to the limited number of Grants available, all applications are subject to Grant availability at the time of application.*

APPLICATION FORM

Please complete the following:

1. General Information

Name: _____

School: _____

Email: _____

School address: _____

School phone number: _____

Grades taught:

- ☐ K ☐ 2 ☐ 4 ☐ 6 ☐ 10-12
- ☐ 1 ☐ 3 ☐ 5 ☐ 7-9 ☐ Other



2. Grant Conditions

- The Grant is available only for kindergarten and grade 1 classes. If you teach other grades, visit TeachNutrition.ca to learn about programs available to you.
- You must have attended a Food Explorers workshop before a Grant will be considered or awarded.

If you are awarded a Grant, you must

- use the Grant in the 2021/22 school year;
- complete a follow-up survey by July 31, 2022, including a brief description of how you used the Grant; submitting photos is optional but appreciated; and
- grant Dairy Farmers of Canada permission to share non-identifying information from your survey for internal reporting and data purposes.

3. Workshop

- ☐ I have attended a Food Explorers workshop
- ☐ I am registered for a Food Explorers workshop Date: _____

Please note: The workshop is a free one-hour virtual workshop. If you have not registered for a workshop, visit TeachNutrition.ca for available dates.

4. Tell Us How You Will Use the Grant

In 250 words or less, share how you would use the Grant to bring foods into your classroom to enhance the Food Explorers program experience for your students. *An example is provided below.*

Include the following in your statement:

- foods you plan to explore from package A or B;
- recipes you plan to make; and
- how you plan to create a safe space for conversations about food.

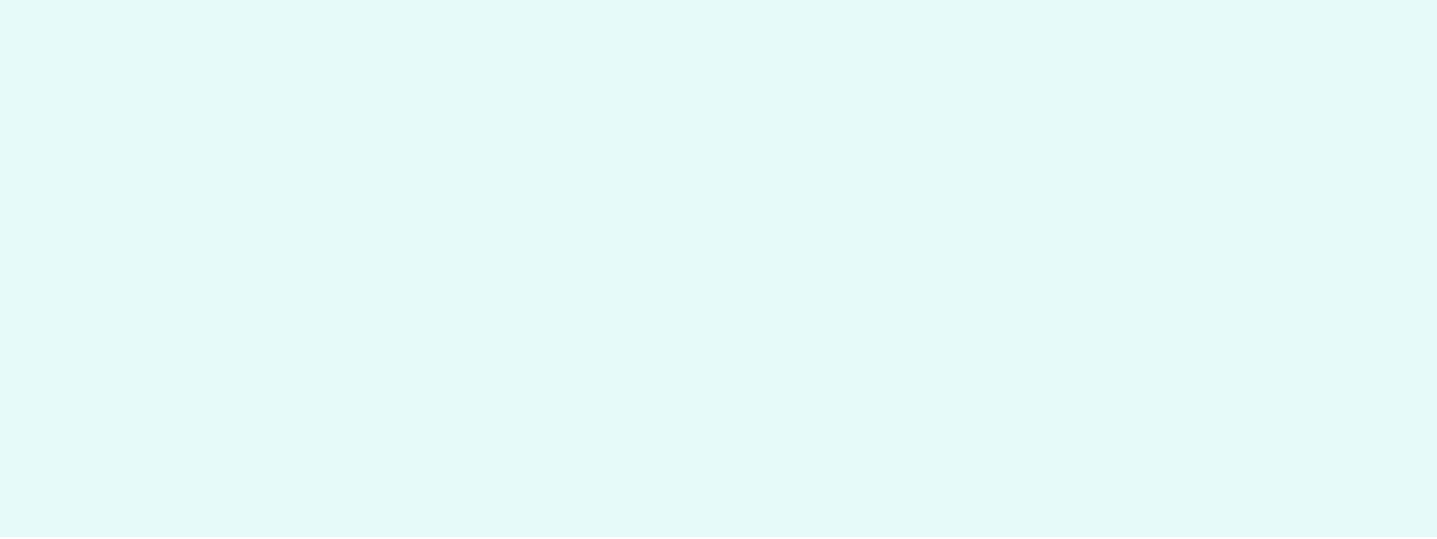


Example:

I will use the Mini Food Grant for the Package A foods. I will have the class prepare a variety of recipes and explorations from each of the 8 food sections. Students will help with food preparation, discussion, and clean up. They will be able to choose whether they want to taste a food or not, without pressure.

Some ingredients/activities may change based on availability and cost. As a result, my plan may change, but these are the activities I have planned:

- **Variety is everywhere:** Provide a variety of apples to compare, discuss, explore, and sample (optional).
- **Personalized baked potatoes:** Buy potatoes and a variety of toppings. Discuss how we each enjoy potatoes at home, then bake them in our staff toaster oven and let each student finish their potato with toppings of their choice.
- **Explore breads of the world:** Buy a variety of breads. Discuss where different breads come from and compare them using all the senses.
- **Rice it up!:** Explore several types of rice (jasmine, brown, wild, etc.). Discuss where they grow and use our senses to compare the similarities and differences before and after cooking. We will also make rice pudding using my dad's recipe.
- **Make yogurt parfaits:** Buy different yogurts and parfait ingredients (fruits, cereal, etc.) to build our own parfaits based on personal preferences.



5. Next Steps

- After you submit your application, you will receive a confirmation email. Each application is reviewed individually. The review process can take up to two weeks from receipt of your application.
- If your application is approved, we will provide you with additional information on next steps. If your application is not approved, you will be informed of the reasons and you may apply again, subject to availability of the Grant.
- If you are eligible to receive a Grant, you will be required to acknowledge the conditions of the Grant as set out in Section 2 of this application.

If you have any questions, please contact us at albertanutrition@dfc-plc.ca