

## FEEDING CANADA

Exploring Our Food System

— A VIDEO SERIES —



### WASTED FOOD AND FOOD RECOVERY

#### Pre-video

**Q1:** What comes to mind when you think about food loss and waste?

#### Post-video

**Q2:** What are some of the negative consequences of food loss and waste? Explain why it is important to reduce food loss and waste.

**Q3:** The video discusses a food surplus recovery initiative to reduce food waste. How do you think this initiative helps improve the environmental, economic, and social problems associated with food loss and waste? Can you think of any other initiatives to reduce food loss and waste?

**Q4:** In addition to the examples in the video, what are some ways that you can help to reduce food waste as a consumer?

## Additional Resources

- [Food Waste snapAg](#)
- [Food Security snapAg](#)
- [Food Loss and Waste Lab](#)