

The Curious Cook: Milk

Sam: Are you recording this time, Dad? Okay. Hi, everyone! Sam here, with another episode of The Curious Cook. So, I was talking to my friend Ahmad at school. He sometimes brings this amazing spread called labneh. He says it's made from yogurt and that got me thinking: I know yogurt is made from milk, and that milk comes from cows. But we get our milk at the grocery store, and I couldn't figure out where they had all the cows! Dad told me the cows don't live at the store. They live on a farm, and that's where the milk comes from. We're going to visit my Dad's friend Farmer Anna to see how milk is made!

Farmer Anna: Hi, Sam.

Sam: Hello. You have a lot of cows here.

Farmer Anna: Well, cows are herd animals, so it's important they have lots of cow friends around.

Sam: Does that help them make milk?

Farmer Anna: Sure, but so do a lot of other things. We have to make sure they have lots of good food and comfy beds. We make sure they stay clean and healthy, too.

Sam: Okay. But...Where's the milk?

Farmer Anna: Oh, we have a robot for that.

Sam: A robot!?

Farmer Anna: Sam?

Sam: Oh, sorry. Can I see the robot?

Farmer Anna: Sure, it's just over there. After we milk them, we keep the milk in a big, cold tank until a truck comes to pick it up.

Sam: And then the truck takes it to the store!

Farmer Anna: The truck keeps the milk cold and takes it to a plant. That's where it's put into milk cartons, or turned into foods like yogurt or cheese for the grocery store.

Sam: Can I go see the robot closer?

Farmer Anna: Sure!

Sam: Yay! Don't miss the next episode of The Curious Cook!