

## FEEDING CANADA

Exploring Our Food System

– A VIDEO SERIES –



## SUSTAINABLE FARMING

### Pre-video

**Q1:** What comes to mind when you hear the terms *food system* or *food cycle*?

**Q2:** What areas of the food cycle do you feel most influence your food choices?

### Post-video

**Q3:** What is sustainable farming?

**Q4:** What is an anaerobic digester?

**Q5:** The three best practices farmers use to care for their soil are no-till, crop rotation, and cover crops. What are the environmental benefits of no-till practices?

**Q6:** What is the purpose of beneficial insects?

**Q7:** What is an Environmental Farm Plan (EFP)? Why is it important?

**Q8:** What are on-farm assurance programs? Can you name one?

## Additional Resources

- [Environmental Farm Plans snapAG](#)
- [Conservation Tillage snapAG](#)
- [Crop Rotation snapAG](#)
- [Soil snapAG](#)